Visit of HAPKIYUSUL Master Shin Hoon from Seoul/South Korea



Wiener Neustadt & Zillingdorf, 17th and 18th of June, 2011



It doesn't happen every day that we can welcome a Korean HapKiDo and HapKi Yusul Master in our club. But sometimes in life unexpected things happen.

During my stay in Seoul last summer I trained in Master Shin Hoons Dojang and could get a small impression of HapKi Yusul. It was definitely interesting and I hoped to get another chance to train one day with him.

These days were last week when Master Shin Hoon came to Vienna. Although he visited Vienna because of a business trip, he could arrange enough spare time to train (with) us.



On the first day and after a short introduction about his person and HapKi Yusul we started right away with some stretching. As most of us were already training since half an hour, the warming up phase had been kept short and Master Shin Hoon presented the first technique – the basic technique of HapKi Yusul: Kaloki. Already at this technique all of us recognized the differences between our HapKiDo and HapKi Yusul. Master Shin

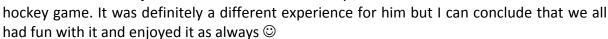
Hoon tried to show the technique slowly to everyone but even for me, who should know this technique, it was very difficult to make it correctly.

There was still time to teach a second technique – a technique that all of us remembered by the aching lower arms the next day \odot

After teaching us these two techniques, Master Shin Hoon present several techniques from the whole system to give us a deeper insight into the system.

A short review concluded the training. It was followed by a nice dinner in a local restaurant to introduce Master Shin Hoon a bit to Austrian culture.

The Saturday training began for us as usual and also Master Shin Hoon joined us for the mandatory



After the stretching this time we showed Master Shin Hoon several techniques from our various Kub programs. Everyone could choose his favourite techniques and in the end Andreas O. and Andreas W. presented the most advanced techniques.





The visit by two members of the Zillingdorf municipality interrupted the training shortly because they also welcomed Master Shin Hoon. Apparently it was not only for us a big

honour to have a Korean HapKi Yusul Master here in our club $\ensuremath{\mathfrak{G}}$

During the next part of the training Master Shin Hoon showed us two more techniques, first a chin throw and then another throwing technique.

The training focused however not completely on the



right sequence of motions in the technique but more on the principles behind it. And exactly there most of us had difficulties. But nevertheless everyone tried hard and everyone could make a small progress.

After the review of all 4 techniques and the closing words from Master Shin Hoon also this special training session came unfortunately to an end.

It has been a great honour for all of us and I am sure that everybody could take something with him / her. I hope that it hasn't been the last time that we have seen Master Shin Hoon, whether in Austria, South Korea or somewhere else.

Martin Baldauf

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